

## Report on Polysomnography workshop conducted on 12.11.2022 by Comprehensive Centre for Sleep Disorders, Department of Neurology, SCTIMST.

Polysomnography workshop was conducted at AMC seminar hall, 3<sup>rd</sup> hall, AMCHSS, SCTIMST on 12.11.2022 forenoon. The program started with lighting of lamp by Prof Sylaja PN, Head, Department of Neurology at 9.30 am. The session consisted of 8 didactic lectures covering an overview of sleep disorders, basics of Polysomnography, scoring of sleep and respiratory events, parasomnias, CPAP titration, Multiple sleep latency tests and generating a final report. We had 80 participants in the workshop (59 Doctors-which included trainees and Consultants of Neurology, Respiratory medicine and Dentistry and 21 Neurotechnologists). It was followed by a hands-on training on scoring and interpretation of PSG which was conducted by dividing the participants into 4 groups of 20 each, with each station managed by a faculty and Neurotechnologist. The session ended by 1.45 pm.



