



CME on PAIN MANAGEMENT

- ✓ No registration fee. All are welcome
- ✓ Those who wish to participate, kindly send us an email or contact us at the following address at the earliest

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Organized by:

Pain Clinic
Sree Chitra Tirunal Institute for
Medical Sciences and Technology
Trivandrum, Kerala, India

9th December

Venue : Auditorium IInd , B Block, SCTIMST



FROM THE ORGANIZER'S DESK

Pain should be regarded as a disease by itself rather than a mere symptom. Pain becomes extremely resistant to treatment when it turns chronic. Hence, pain needs immediate and aggressive intervention. Chronic pain is of gradual onset, multi-factorial in origin, persists longer, does not serve any adaptive function, and is less amenable to therapies.

Although 'Pain Management' has become a well-known specialty in many of the developed countries, in India it is relatively new and is still in the evolving stage with no uniform guidelines. Pharmacotherapy and physiotherapy remains the two main arms of conservative management of painful conditions. Interventional pain management has gradually turned into a vital armamentarium for pain management, particularly when the conservative management remains unsuccessful. The primary focus of this CME is to develop a systemic approach to treat chronic non-malignant pain conditions and to disseminate the information among practicing clinicians.

We take immense pleasure in inviting you all for this CME on the management of chronic non-malignant pain conditions.

Sincerely,
Multidisciplinary Pain Clinic, SCTIMST

PROGRAMME

- 08:30-09:00** *Registration*
- 09:00-09:30** *Inauguration*
- 9:40-10:00** *Pain management-Indian Scenario*
- 10:00-10:20** *Assessment of Pain*
- 10:20-10:40** *Making a clinical diagnosis in chronic low back pain*
- 10:40-11:00** *Radiological diagnosis of low back pain*
- 11:00-11:15** **Tea Break**
- 11:20-11:40** *Advances in pharmacotherapy in chronic pain management*
- 11:40-12:00** *Surgical vs. Interventional pain therapy in chronic pain*
- 12:00-12:20** *Role of rehabilitation therapies in low back pain*
- 12:20-12:40** *Interventional pain management in chronic low back pain*
- 12:40-01:00** *Interventional pain management in other common painful conditions*
- 01:00-01:20** *Advanced interventional pain procedures: future trends*
- 01:20-02:00** **Lunch Break**
- 02:00-02:15** *Why a Comprehensive Multidisciplinary Pain Clinic?*
- 02.15-02:45** *Demonstration session (Video of procedures/equipments used for interventional pain management)*
- 02.45-03:00** *Feed back session*