



SREE CHITRA TIRUNAL INSTITUTE FOR MEDICAL SCIENCES & TECHNOLOGY, TRIVANDRUM
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Invitation to attend the **Achutha Menon Centre seminar**
on **14th November 2018**, Wednesday,

14.00 to 16.00,

at the **Seminar hall**, third floor,

Achutha Menon Centre for Health Science Studies

of Sree Chitra Tirunal Institute of Medical Sciences and Technology, Trivandrum

We are pleased to invite you to attend the AMC seminar by Dr Catherine Dotchin and Dr Stella-Maria Paddick, (Newcastle University/Northumberland NHS Foundation Trust) on the following topics:

1. Development of cognitive screening tools for dementia or delirium in low literacy population in sub Saharan Africa
2. Hai district epidemiological study on dementia, complications and impact of dementia and follow up of MCI in Kilimanjaro

The venue is seminar hall, third floor of the Achutha Menon Centre for Health Science Studies (AMCHSS), Sree Chitra Tirunal Institute for Medical Sciences and Technology Trivandrum, Medical college campus, and the time is 14.00 to 16.00.

A short bio of the speakers is attached.

We look forward to your participation in this seminar.

Yours sincerely

Dr V Ramankutty
Professor and head
AMCHSS, SCTIMST

AMC Seminar Series are available at
<http://elearning.sctimst.ac.in/moodle/enrol/index.php?id=12>
Login as Guest using password amc

About the speakers

Dr Catherine Dotchin is a consultant physician and geriatrician working at Northumbria Healthcare NHS Foundation Trust, UK and also an honorary clinical senior lecturer at Newcastle University. She has research interests in ageing in developing countries, specifically with involvement in projects on dementia, Parkinson's disease (PD) and frailty in Kilimanjaro Region, northern Tanzania. This stems from completing an MD in 2005 on the epidemiology of PD in Hai, Tanzania, and coordinating ongoing follow up, commencement of drug treatment and physiotherapy for patients. This remains the only PD specific community based prevalence study in SSA. More recently dementia project work has included prevalence, mortality, MCI conversion rates, development of screening tools for cognition in low literacy settings and ongoing work on culturally appropriate tools for rural Africa. Links with Ibadan, Nigeria, Kerala and Malaysia have been developed through the DePec grant, led by Professor Louise Robinson. A further collaboration with Prof Aimee Spector, UCL, is surrounding an intervention for dementia, cognition stimulation therapy (CST), in Tanzania, Brazil and India. Catherine is a PhD supervisor, MRes supervisor and Foundation Tutor for her trust.

Dr Stella-Maria Paddick is a Clinical Lecturer and ST5 higher trainee in Old Age Psychiatry working at Newcastle University/Northumberland Tyne and Wear NHS Foundation Trust. She has been involved in epidemiological research in Kilimanjaro, Tanzania since 2010 and completed her PhD in 2017 on development of screening tools for dementia and delirium in low-literacy populations in sub-Saharan Africa. These are available at www.ideastudy.org and are currently being validated as an open source App. Her main research interests currently are mental health of older people in low and middle-income countries. Since 2016, she has led a longitudinal study of neurocognitive impairment in older people (aged 50 and over) attending a Government HIV clinic in northern Tanzania. This is the only study of cognitive impairment in older HIV positive adults in sub-Saharan Africa currently, and she is hoping to extend this to other low and middle-income country sites in 2019. She is also developing a culturally appropriate screening tool for old age depression in sub-Saharan Africa.